

This listing of claims will replace all prior versions, and listings, of claims in the application:

**Listing of Claims:**

Claims 1-102. (cancelled)

103. (new) A method of improving the appearance of the skin with pulses of laser light generated by a Nd:YAG laser generating a narrowband output at a wavelength of 1.06nm, said light being delivered from a handpiece, said method comprising the steps of:

generating a series of laser pulses, said laser pulses having a pulse width of between 100 microseconds to one millisecond;

spacing the handpiece from the surface of the skin; and

moving the handpiece back and forth over the skin in order to deliver at least 400 pulses of laser light in the area to be treated, and with the spot size of the pulses on the tissue being between 3mm and 10mm and with each pulse delivering at least 10 kilowatts of power, the application of said laser pulses resulting in an improvement in the appearance of the skin.

104. (new) The method of claim 103, wherein each of the laser pulses has a fluence between  $8\text{J}/\text{cm}^2$  and  $20\text{J}/\text{cm}^2$  on the surface of the skin.

105. (new) The method of claim 104, wherein the pulses of light are generated at a repetition rate in a range of between approximately 2 Hz and 12 Hz.

106. (new) The method of claim 104, wherein the pulses of light are generated at a repetition rate in a range of between approximately 5 Hz and 7 Hz.

107. (new) The method of claim 104, wherein pulses are applied to the treated area of tissue continuously for a time period in the range of approximately 1 minute to 5 minutes.

108. (new) The method of claim 103, wherein the application of the laser pulses effects a reduction of diffuse redness in the skin.

109. (new) The method of claim 103, wherein the application of laser pulses effects a reduction in a size of a pore.

110. (new) The method of claim 103, wherein the application of laser pulses effects a reduction in a size of a wrinkle.

111. (new) The method of claim 103, wherein the handpiece is spaced from the tissue about 1 to 2 centimeters.

112. (new) The method of claim 103, wherein the laser pulses are delivered without cooling of the skin.